

Diabetes Management and Education Course

The Diabetes Management and Education Course aims to provide **Registered Nurses** with the fundamental nursing practice and essential patient education for improved care outcomes for diabetic patients in the inpatient setting. Participants will attain the skills to perform caregiver training independently for patients on newly-initiated insulin injection and for insulin injection review.

Learning Outcomes

Upon completion of this course, the learner will be able to:

1. List the significant side effects from different types of OHAS
2. Identify the different categories of insulin
3. Relate different types of oral hypoglycaemic agents (OHAs) and insulin to meal schedules
4. Discuss hypoglycemia management, hyperglycemia management and pre / post-operative glycaemia management in the hospital
5. Demonstrate correct technique of subcutaneous insulin pen administration
6. Demonstrate patient teaching and advice for/on
 - a) Insulin injection technique
 - b) Self-monitoring blood glucose (SMBG)
 - c) Self-management for hypoglycaemia and sick day at home

Course Duration (hours)

14 hours : 6 hours self-directed learning + 8 hours classroom

Course Enquiries and Registration

For enquiries or registration, please email wh.ned@nhghealth.com.sg.

We will provide the full course details, fees, and enrolment steps upon receiving your message.